

## *Identifying the Problem*

Chemical dependency is a cunning, baffling, miserable disease. Denial is a major factor involved stopping those with this disease from seeking help for themselves. So often concerned family members, friends, and colleagues, express knowledge that a problem exists, but are unable to identify it. The following *Impaired Pharmacist Symptom Inventory* may help to identify the problem, and get them the help that is so readily available before it is too late.

### *Impaired Pharmacist Symptom Inventory Pharmacy*

- Overwork\*\*
- Disorganized schedule
- Spasmodic work pace\*\*
- Unreasonable behavior
- Inaccessible to patients and employer
- Prescription errors\*\*
- Patient complaints
- Frequent absences
- Decreasing workload and tolerance
- Frequent days off for vague reasons
- Taking sexual advantage of coworkers or customers
- Filling illegal prescriptions
- Taking and/or using drugs from pharmacy without a legal prescription or without follow-up by physician\*\*
- Taking/selling drugs to others or giving them to family or friends
- Often late, absent or ill
- Decreasing work performance
- "Pharmacy gossip"
- Incommunicative/unavailable
- Alcohol on breath while in pharmacy

*\*\*early signs*

### *What do you do if you suspect a colleague has a problem with chemical dependency?*

Trust your instincts!!

Call Oklahoma Pharmacists Helping Pharmacists (OPHP) immediately at the  
**OPHP Helpline 1-800-260-7574 ext 5773**

Do not confront alone.

Left alone the problem will not go away.

*If you or a pharmacist you care about  
is suffering from chemical dependency,  
there is a solution*

*Oklahoma Pharmacists Helping Pharmacists (OPHP)  
is readily available for help.*

*Call the OPHP Helpline 1-800-260-7574 ext 5773*

*All calls are confidential*